

# DINNER DISCUSSIONS



We all know the dinner table is an important place for families to connect, build relationships, and grow together spiritually.

Use these dinner discussion questions to help families connect with each other at the dinner table.

Print and pass out a copy of the next page for each child, encouraging them to use the questions at home during family dinner.

Tip: Use the third page (each topic is worth 10 points) to make it a competition and see who can earn the most points throughout the week!



This idea and these questions are an excerpt from the [What's for Dinner Family Challenge](#), a simple yet powerful tool that encourages and equips the families in your church to gather around the dinner table more often and connect with each other on a deep and meaningful level. Learn more about the What's for Dinner Family Challenge [here](#).

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Can you discuss all of these questions at dinner each night by the end of the week? (No more than 2 questions per night!)

- \_\_\_ Kids, do you know what your parents' first jobs were?
- \_\_\_ What accomplishment are you most proud of?
- \_\_\_ Ask your parents to describe the first car they ever owned.
- \_\_\_ What is the most important lesson your parents have taught you?
- \_\_\_ What do you like most about the person on your right?
- \_\_\_ What is one thing you want to do before the year ends?
- \_\_\_ If you could adopt a trait from each person at the table, which traits would you pick?
- \_\_\_ What do you think is the greatest invention of all time?
- \_\_\_ What is one thing you're afraid of?
- \_\_\_ Ask your parents to describe how they met.
- \_\_\_ Would you rather travel 50 years forward or 50 years in the past?
- \_\_\_ Which teacher or coach has had the most impact on you & why?
- \_\_\_ Which historical figure would you want to meet?
- \_\_\_ If you could change one thing about last year, what would it be?

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Each completed discussion topic = 10 points. Bring this point sheet back next Sunday to see who earns the most points!

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\_\_\_\_\_ = **TOTAL POINTS**