



Praise Psalms are written as a way of thanking God for who He is.

When you give someone praise, it is often done by giving them a compliment like saying “Good job!” or “You did that really well!”. In the Psalms, you’ll see a type of praise that you might not be used to seeing; praise that expresses our love for God and the things He has created. As you read some of the Praise Psalms you will see how the psalmist’s focus is on who God is and not just the things He has done for them.

For example, if you were to give this kind of praise to your teacher at school you would talk about how creative or patient they were and not just thank them for giving you a piece of candy. Praise Psalms tell about God’s attributes and encourage you, and other believers, to praise God for being good, righteous, just, and wise!

Praise Psalms often refer to the different ways that praise can be given to God. Playing music, singing, or celebrations are just some of the ways that are mentioned.



***Praise Psalms
Daily Reading Plan***

- Day 1- Psalm 150:1-6
- Day 2- Psalm 134:1-3
- Day 3- Psalm 95:1-11
- Day 4- Psalm 8:1-9
- Day 5- Psalm 47:1-9
- Day 6- Psalm 113:1-9
- Day 7- Psalm 66:1-9



*(Use this code
to access the
Praise Psalms
Spotify playlist)*

Dive in!

Now that you know a little about Praise Psalms let's read a few examples from the Bible. If you have your own Bible, practice looking for the Psalms and finding the passages listed below. Once you are ready - read them out loud.

1 Shout for joy in the Lord, O you righteous!
Praise befits the upright.

2 Give thanks to the Lord with the lyre;
make melody to him with the harp of ten strings!

3 Sing to him a new song;
play skillfully on the strings, with loud shouts.

4 For the word of the Lord is upright,
and all his work is done in faithfulness.

5 He loves righteousness and justice;
the earth is full of the steadfast love of the Lord.

Psalm 33:1-5 (ESV)

1 Oh come, let us sing to the Lord;
let us make a joyful noise to the rock of our salvation!

2 Let us come into his presence with thanksgiving;
let us make a joyful noise to him with songs of praise!

3 For the Lord is a great God,
and a great King above all gods.

4 In his hand are the depths of the earth;
the heights of the mountains are his also.

5 The sea is his, for he made it,
and his hands formed the dry land.

6 Oh come, let us worship and bow down;
let us kneel before the Lord, our Maker!

7 For he is our God,
and we are the people of his pasture,
and the sheep of his hand.

Psalm 95:1-7a (ESV)



These are just two examples of Praise Psalms. Psalm 136 is another great example where the author talks about all the ways it has been made clear that God's love endures forever. Depending on the ones you read some make sense, others are confusing, and some are even funny. One psalmist wrote:

You make springs gush forth in the valleys;
they flow between the hills;
they give drink to every beast of the field;
the wild donkeys quench their thirst.

Psalm 104:10-11 (ESV)

This psalmist gave thanks that the spring gave water for the donkey to drink and that made it in the Bible! Praise Psalms teach us is that it is important to offer up praises to our God.

**Take a minute
to pray and offer
up praises to God
for who He is.**



Try it out!

Now that you have seen some examples of Praise Psalms look around in the book of Psalms and see if you can find more. Write the numbers of the chapters here.



Go back and search the psalms we just read (page 7) for words and phrases that talk about ways to offer up praise and underline them as you find them. Once you have found some examples, use the space below to create a collage of those words and draw small pictures to go alongside the words. For example, Psalm 95:1 says “joyful noise” so you would write down that phrase and then draw something that makes a joyful noise. Continue this until you can’t fit any more praise words and drawings in the frame below. Hang your creation in a place that will remind you to praise the Lord.

